



FIRST SIX WEEKS SUCCESS CHECKLIST SPRING 2024

Before Classes Begin

- Start adjusting your sleep schedule.
- Review your class schedule. Note the location and whether the classes are in-person or online. Contact your advisor if you have questions or concerns.
- Purchase textbooks and supplies.
- Locate your classrooms and get familiar with campus.
- Check Canvas for announcements and information.
- Make sure you get your parking pass from Parking Services before you arrive: parking.unl.edu/.
- Monitor winter weather and road conditions as you get closer to returning to campus: new.511.nebraska.gov/.

Week One: January 21-27

- GO TO CLASS - The first days are crucial for success.
- Attend MLK Week events: mlkweek.unl.edu/.
- How are you feeling? Your mental health is important. Take a mental health screening, and find other mental health resources: caps.unl.edu.
- Looking for a way to stay active and have fun? Check out the FREE Group Fitness classes: go.unl.edu/fitness-classes.
- Create a Syllabi Matrix: success.unl.edu/resources.
- Use your planner, phone, or Outlook Calendar to input important dates for quizzes, papers, projects, and exams.
- Review your bill on MyRED. Your bill will be available by January 25 and is due February 12.

Week Two: January 28-February 3

- GO TO CLASS - We recommend sitting towards the front of the classroom.
- Utilize free tutoring through CAST Study Stop.

- Ready to meet some new people and get involved? Check out these events to help you start the Spring semester: studentaffairs.unl.edu/student-events.
- Schedule a coaching session with a CAST Academic Success Coach to learn new strategies to support your success: success.unl.edu/academic-support#coaching.

Week Three: February 4-10

- GO TO CLASS - Introduce yourself to instructors and visit office hours.
- Follow @UNLCAST on Instagram, Facebook, and Twitter for additional tips and strategies.
- Check out a show at the Lied Center. Students can get free or discounted tickets to most shows.

Week Four: February 11-17

- GO TO CLASS - If you haven't, introduce yourself to your classmates. These new friends can be potential study partners.
- Attend supplemental study sessions and visit Resource Centers for additional support.

Week Five: February 18-24

- GO TO CLASS - Attending every class session helps you effectively prepare for upcoming projects, quizzes, and midterm exams.
- Check out the Sheldon Museum of Art and the Nebraska State Museum at Morrill Hall. Get in free with your NUID.
- Attend an event hosted by the Office of Academic Success and Intercultural Services (OASIS).

Week Six: February 25-March 3

- GO TO CLASS - Reflect on the first six weeks of the semester. What's working? What needs improvement?
- Schedule an appointment with your Academic Advisor to plan for the Fall 2024 semester: my.unl.edu.

Center for Academic Success and Transition

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