

Have you thought about a study group?

Some learn best by talking it through with others. Here are some tips for a successful study group:

- *Take initiative to meet your classmates and invite them to study.*
- *Pick a place with little distractions where you will stay on topic.*
- *Make it a regular thing at a regular time.*
- *Have a short agenda; know what you are going to go over.*
- *Identify each person's area of confusion or struggle.*
- *Discuss and quiz each other on the material.*
- *Teach others the material you understand & learn from others who understand the material better than you do.*

Still having trouble? Set up an appointment for 1-on-1 coaching with our academic success coaches through MyPLAN!

**First-Year Experience
& Transition Programs**
Love Library South 127
Phone: (402) 472-1880
success.unl.edu

Places to Study

It may take a while to find your perfect place, but here are a few to try out:

City Campus

Love Library

The Union

The Crib

Jackie Gaughan Multicultural Center

Study Rooms in Residence Halls

Henzlik Lobby

East Campus

CY Thompson Library

The Union

The Hollow



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First-Year Experience & Transition Programs

From the FYE & TP Academic Success Workshop Series:

Study Environment



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Why is your study environment important?

- It can help make sure that the time you spend studying is quality learning time.
- Your environment can affect quality learning.
- Awareness of productivity in future work environment.

Study Environment Factors

Immediate Environmental Factors

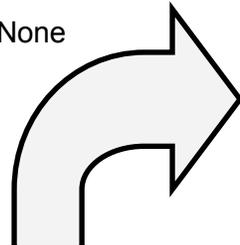
- Sound
- Temperature
- Light
- Design

Sociological Factors

- Alone/With Others
- Authority Figures Present/None

Physical Factors

- Intake (food or drink)
- Time of Day
- Mobility



Is your study spot working?

Choose three places you study in and mark "T" for True and "F" for False according to each statement. The one with the most T's is your most productive study spot.

	1	2	3
There are few distractions, such as phone, computer, or TV.			
Others rarely interrupt me.			
It's quiet here; no phones ringing, people talking, or music playing.			
I study here regularly during the week.			
I take a limited number of breaks when I study here.			
I tend to keep my breaks short when I study here.			
I rarely talk with people when I study here.			
The temperature in this place is very comfortable for studying.			
The chair in this place is very conducive to studying.			
The desk/table in this place is very conducive to studying.			
The lighting in this place is very conducive to studying.			
There are few things in this location that are unrelated to studying or school work.			
Total: Add up the number of T's in each column.			

What do you prefer?

Everyone has different preferences when it comes to their study environment. Each factor is listed on a scale. Mark on the scale where you would be most productive.

Sound

Quiet-----Sound

Temperature

Warm-----Cool

Light

Dim-----Bright

Design

Formal-----Informal

Prefer to study

Alone-----With Others

Prefer

Authority figures-----No authority figures

Prefer

Intake-----No intake

Time of day

Morning-----Night

Mobility

Ability to move-----Do not move