The Academic Recovery Process is designed to support Nebraska students placed on Academic Probation whose cumulative or semester GPA has fallen below the minimum requirement of a 2.0 and, therefore, are not meeting University Academic Standards.

As an Academic Recovery Level 2 student, this means that you have been on Academic Probation for two consecutive semesters.

An Academic Probation hold has been placed on your MyRed, which will prevent you from registering for future semesters until your Academic Recovery Plan is complete. See below for Recovery Plan action steps.

WHAT IS ACADEMIC RECOVERY LEVEL 2?

WHAT IS JUMPSTART?

Jumpstart is the first step of the Academic Recovery Process, designed to help students assess academic performance, connect with campus resources, and achieve success. To complete Jumpstart, you must do two things. First, read and understand all information in this document. Second, complete the Recovery Self-Assessment e-form (found as a To Do List item in your MyRed account).

The Recovery Self-Assessment e-form in MyRed provides a chance to think about barriers to academic success and identify action steps to overcome them. You will have the opportunity to discuss your Self-Assessment responses with your Recovery Guide.

Once these steps are complete, the Jumpstart To Do List will be marked as complete.

TO COMPLETE ACADEMIC RECOVERY:

Step 1
Read and understand the information on this handout

Step 2
Log into MyRed and complete the Recovery Self-Assessment e-form (found in your MyRed To Do List)

Step 3
Meet with your Recovery Guide

Step 4
Complete Academic Success Plan created with your Recovery Guide

Step 5
Connect with campus resources
DETOUR AHEAD & CONSEQUENCES

ACADEMIC PROBATION
REGISTRATION HOLD
Students who fall below the minimum 2.0 GPA requirement are placed on Academic Probation, which includes a registration hold. You must complete all required steps in your Academic Recovery Plan for the hold to be lifted.

IF YOU DON’T COMPLETE THE STEPS, THIS HOLD COULD:
• DELAY GRADUATION
• LIMIT COURSE SELECTION DUE TO LATE REGISTRATION
• INCREASE COST TO COMPLETE YOUR DEGREE

ELIGIBILITY FOR FINANCIAL AID
The following actions may impact your eligibility for financial aid:
• Excessively failing, withdrawing, or receiving incomplete grades in your courses
• Repeating a course more than once after you have earned a grade of D- or higher
• Withdrawing from all courses in a semester
• Not attending class and receiving a failing grade
• Failing to withdraw from your courses if you choose to leave Nebraska

DISMISSAL
This is a formal academic separation from Nebraska for two full semesters. Dismissal may occur if a student does not return to good academic standing.

If you are an International student, you should contact the International Students and Scholars Office (ISSO) to discuss your academic standing. Academic standing may impact your immigration status and ability to stay in the U.S.

HELP & SUPPORT

Recovery Guide
Connect with a Recovery Guide to evaluate your Self-Assessment and talk about classes, scheduling, major requirements, and other campus resources.

Office of Scholarships and Financial Aid
Academic standing can impact scholarships and financial aid. Meet with a Financial Aid Advisor to understand how your financial aid package is affected.

Career Services
Career advisors help students make academic decisions, gain career-related experiences, and pursue employment opportunities.

First-Year Experience and Transition Programs
The FYE&TP team provides individual coaching sessions, academic success workshops, and other academic support services. Popular topics include: time management, reading and note-taking strategies, test preparation, and stress management. For more information go to success.unl.edu.

Professors/Faculty
Connections with professors can directly impact academic success. Students should reach out to professors, ask questions, and visit during office hours.

A FEW IMPORTANT THINGS TO KNOW:
• Log onto MyRed and complete your Recovery Self-Assessment e-form
• Meet with your Recovery Guide to discuss your responses on the self-assessment
• Create and complete an Academic Success Plan with your Recovery Guide
• Want to know how to find your unofficial transcript and/or calculate your GPA? Check out “Calculating Your GPA” on the Jumpstart webpage.