The Academic Recovery Process is designed to support Nebraska students whose cumulative or semester GPA has fallen below the minimum requirement of a 2.0 and, therefore, are not meeting University Academic Standards.

As an Academic Recovery Level 1A student, you earned a term GPA below 2.0 last semester, even though your cumulative GPA may be higher.

An Academic Probation hold has been placed on your MyRed, which will prevent you from registering for future semesters until Recovery Jumpstart is complete.

Jumpstart is the first step of the Academic Recovery Process, designed to help students assess academic performance, connect with campus resources, and achieve success. To complete Jumpstart, you must do two things. First, read and understand all information in this document. Second, complete the Recovery Self-Assessment e-form (found as a To Do List item in your MyRed account).

The Recovery Self-Assessment prompts students to think about barriers to academic success and identify action steps to overcome those barriers. You will have the opportunity to discuss your Self-Assessment responses with a First-Year Experience and Transition Programs Academic Success Coach by checking a box on the e-form.

Once these steps are complete, both the Jumpstart To Do List item and the Academic Probation hold will lift.

TO COMPLETE ACADEMIC RECOVERY:

Step 1
Read through the information on this handout

Step 2
Log into MyRed and complete the Recovery Self-Assessment e-form (found in your MyRed To Do List)

Step 3
Connect with campus resources
A FEW IMPORTANT THINGS TO KNOW:

- Log onto MyRed and complete your Recovery Self-Assessment e-form.
- Find support by meeting with your Academic Advisor or an Academic Success Coach in the FYE&TP office.
- Want to know how to find your unofficial transcript and/or calculate your GPA? Check out “Calculating your GPA” on the Jumpstart webpage.
- Need additional help? Check out “Navigating Campus Resources” at success.unl.edu.