

Prepare yourself mentally

- *Maintain a positive attitude*
- *Learn relaxation techniques*
- *Visualize success*
- *Set goals*
- *Use positive self-talk*
 - *Ex. I'll work on these math problems as far as I can and go see a tutor at Study Stop tomorrow evening.*

Still having trouble? Set up an appointment for 1-on-1 coaching with our academic success coaches through MyPLAN!

**First-Year Experience
& Transition Programs**
Love Library South 127
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What should you study?

- Notes from class
- Textbooks
- Handouts and review sheets
- Quizzes, tests and graded homework

See example below for how to schedule studying for an exam:

Exam II Review Study Plan

- **Tuesday night:**
 - Quizlet terms
- **Wednesday:**
 - Review notes and write summary paragraphs for:
 - Late 15th-Century Art in Florence
 - High Renaissance Art in Italy I: Milan and Florence
 - Quizlet terms and concepts
- **Thursday:**
 - Review notes and write summary paragraphs for:
 - High Renaissance Art in Italy II: Rome
 - High Renaissance Art in Italy III: Venice
 - Memorize titles, artists, and images for:
 - Late 15th-Century Art in Florence
 - High Renaissance Art in Italy I: Milan and Florence
 - Quizlet terms and concepts
- **Friday:**
 - Review notes and write summary paragraphs for:
 - Mannerism
 - 16th-Century Northern European Art
 - Memorize titles, artists, and images for:
 - High Renaissance Art in Italy II: Rome
 - High Renaissance Art in Italy III: Venice
 - Review titles, artists, and images for:
 - Late 15th-Century Art in Florence



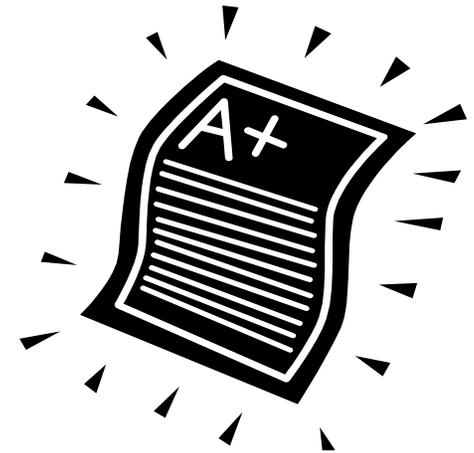
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First-Year Experience & Transition Programs

From the FYE & TP Academic
Success Workshop Series:

Test Preparation and Test Taking Strategies



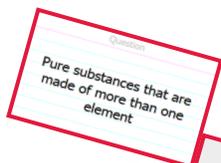
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Why do we need test taking skills?

- These skills can help you be successful as a student
- Testing does not stop after college. You may need to take tests to keep your credentials up to date in your professional career.

Before the Test

- Do daily, weekly and major review sessions
- Schedule reviews
- Create study checklists
- Create mind map summary sheet
- Make flash cards
- Monitor your reviews
- Take a practice test
- Get copies of old exams



During the Test

- Get to class on time, don't do any last minute review
- Survey the entire test prior to taking it
- Take a few deep breaths and relax tense muscles- repeat throughout the test
- Read directions carefully- ask questions
- Answer easier questions first - this will help calm you down
- Manage your time and keep an eye on the clock

After the Test

- Reflect:
 - How did you feel about the test?
 - How effective were your study strategies?
 - Did you accurately predict some of the test questions?
- Review what questions you missed
- Discuss items you did not understand with your instructor
- Review your strengths on test taking
- Review areas where you could improve

Using technology to enhance your studying and test preparation...



StudyBlue – Develop flash cards and quizzes. StudyBlue is cross-platform, syncs from web to phone, has a reminder system, and can be shared with classmates.

ExamTime allows you to create online Mind Maps, Flashcards, Online Notes and Quizzes. All of these online study tools are designed to help you improve learning and prepare for exams.



Strategies Based on Question Type:

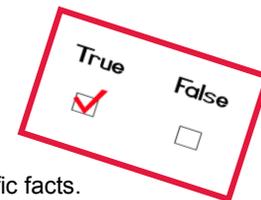
Multiple Choice

A. B. **C.** D.

- Answer each question in your head first
- Read all answers before selecting one
- Test each possible answer
- Eliminate incorrect answers

True/False

- Read the entire question
- Look for qualifiers
 - All, most, sometimes, rarely, always, never.
- Find the devil in the details
 - Dates, numbers, specific facts.
- Watch for negatives
 - Aspirin is not an illegal drug.
 - Cancel the negatives to turn it into a positive statement = Aspirin is an legal drug.



Essay Response

- What is the question asking?
- Outline
- Get to the point
- Write legibly
- Write on one side of the paper only
 - This leaves space on the back to go back and write points you may have forgotten