

Quick Tips

- *Cramming is not the most effective test preparation strategy.*
- *Reading throughout the semester, attending class and frequently reviewing notes is a much more effective strategy and less stressful.*
- *Creating a study plan for tests can also reduce stress.*

Still having trouble? Set up an appointment for 1-on-1 coaching with our academic success coaches through MyPLAN!

**First-Year Experience
& Transition Programs**
Love Library South 127
Phone: (402) 472-1880
success.unl.edu

Connecting with your instructors

- They are here to help you.
- Introduce yourself during office hours.
- Use office hours and email to ask questions or ask for help.
- Visit with them before and after tests, if you have questions.

Try an App!

StudyBlue: Find, make, and share digital notecards for any subject.

StudyStack: Create or use shared flashcards to study for a variety of subjects.

*Available on the web and
mobile devices.*



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First-Year Experience & Transition Programs

From the FYE & TP Academic
Success Workshop Series:

Study Skills



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Why do we need study skills?

- Knowing how to effectively study can help you be a successful student.
- In the future, you can use the same skills to help you become a more successful employee by knowing how to plan and meet project deadlines.

Reading

- Read the text before the lecture to familiarize yourself with the material.
- Take notes and/or summarize each reading.

The SQ3R Reading Strategy

Survey - get the big picture

Question - turn headings into questions

Read - actively looking for answers

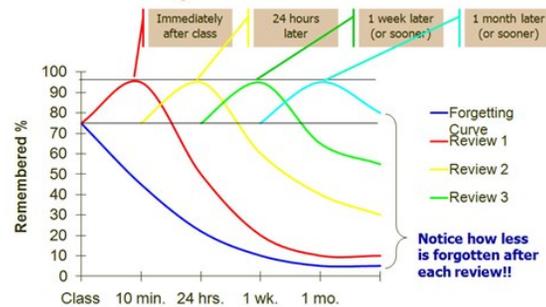
Recite - talk out loud, re-write, draw visual

Review - continue to interact with material

Note Taking

- Print notes and take them with you to class
 - You will only have to write down new information and have more time to listen.
- Review notes after class, continue to look over them and commit the information to your memory.

Overcoming the Curve**



**The more you review the information the more information you will retain.

This means less to study before the exam because you've been studying all semester!!

Studying is a Semester Long Process

Test Prep

- Find out as much as possible before the test from instructor
- Review often and test yourself with out notes
- Create a study plan
 - Begin at least a week before
 - Schedule blocks of time to study for test
 - Plan out what you are going to studying when
 - Remember to take breaks during study blocks

Test Review

- Review test when you get it back
- Go into the instructor's office and ask for help on the questions you got wrong
- Keep your tests, especially if there is a cumulative final.
 - Make sure your have the correct answers!